

## Marriage Preparation Course

The overall aim of this course is the preparation and equipping of couples for marriage. The course is designed to help couples to:

- Gain a sound Biblical foundation for marriage and to understand selflessness as the foundation on which a Godly and fulfilling marriage can be built.
- Have the opportunity to consider whether they are ready to get married.
- Discuss their expectations of marriage and how these may be similar or different.
- Begin to formulate a vision and set of values for their marriage, as well as ways in which they desire to serve God together.
- Understand the Biblical principle of leaving one's parents and cleaving to one's spouse, and to help establish appropriate ways of relating to parents and in-laws when married.
- Gain insight into, as well as tools for, effectively and lovingly communicating in their relationship.
- Gain insight into areas of potential conflict in marriage, as well as tools for handling this.
- Understand the legal aspects of marriage.
- Understand the Biblical principles governing the roles of husband and wife, with an emphasis on the underlying attitudes of selflessness, serving and mutual submission.
- Develop a Godly perspective on lovemaking in marriage.
- Prepare for handling their finances in a wise and Biblical way.
- Provide practical tips for the wedding and honeymoon.
- Understand the importance of discipleship in their marriage relationship, particularly during the first year of marriage.

Topics covered in the marriage preparation course :

- What is a Christian marriage?
- Communication.
- Handling conflict.
- Dealing with in-laws.

- Finances.
- Marriage and the law.
- Romance, love and sex in marriage.